

**Curriculum Vitae of**  
**Dr. Sarma V.S.N. RACHAKONDA**

**MBBS, MD (Internal Medicine), M.Sc (Canada), FCGP, FIMSA, FRCP (G), FCCP (USA)**  
**Senior Consultant Physician, Adjunct Professor, Tamilnadu Dr. MGR Medical University, Chennai**

**Personal Information**

- Date of Birth: 02<sup>nd</sup> August 1952
- Place of Birth: Visakhapatnam, Andhra Pradesh, India
- Citizenship: Indian (by birth), Indian Passport No: T 978195
- Home address: Palm Springs, # 3, Jayanagar, Tiruvallur 602 001, Tamilnadu, India
- Home telephone - Landline: +91 44 276 60593, Mobile: +91 98 940 60593
- Professional address: Dr. Sarma's Hospital, # 5, Jayanagar, Tiruvallur 602001, Tamilnadu, India
- Phones - Landline +91 44 376 09993, Mobile: +91 93 805 21221
- E-mail address: [sarma.rvsn@gmail.com](mailto:sarma.rvsn@gmail.com); and [contact@drsarma.in](mailto:contact@drsarma.in)
- Website (for CME presentations): [www.drsarma.in](http://www.drsarma.in)
- YouTube: For CME video talks: [drsarmaji](https://www.youtube.com/channel/UCsarmaji);

**Education / Post Graduate Training**

- **M.B.B.S.**, Andhra Medical College, Andhra University, Visakhapatnam, AP, India –1974
- **M.D., (Internal Medicine)** Andhra Medical College, Visakhapatnam, Andhra University, India—1979
- **M.Sc.**, McMaster University, Hamilton, Ontario, Canada – 1984

**Medical Licensure**

- **Reg. No 8604, Year 1975** - Andhra Pradesh Medical Council (affiliated to the Medical Council of India)
- **Reg. No. 59981, Year 1997** - Tamilnadu Medical Council (affiliated to the Medical Council of India)

**Fellowships (National and International)**

- **FIMSA (India)** - Fellow of the International Medical Sciences Academy – 2009
- **FCGP (India)** - Fellow of the College of General Practitioners – 2011
- **FRCP (Glasgow, UK)** - Fellow of the Royal College of Physicians – 2011
- **FCCP (USA)** - Fellow of the American College of Chest Physicians – 2012
- **FICP (India)** – Fellow of the Indian College of Physician by API – 2013
- **Adjunct Professor**, The Tamilnadu Dr. MGR Medical University, Chennai – 2012
- **Visiting Faculty** of Dr. K M Cherian Heart Foundation, Frontier Life Line (FLL), Chennai - 2011
- **Honorary National Professor** of Family Medicine, Awarded Professorship of IMA-CGP 2011

**Special Trainings**

- Master's Course on Hypertension - Certificate from European Society of Hypertension (ESH) – 2011
- Several online certificates and CME credits – In Cardiometabolic, Respiratory and Infectious Diseases
- H1N1 at the National Trainer of Trainers (TOT) Workshop on Swine Flu, New Delhi, October 2009
- Trained in HIV/AIDS in a TOT (Trainer of Trainers) Workshop conducted by the Clinton Foundation HIV/AIDS Initiative (CHAI) and the National AIDS Control Organization of India (NACO) 2007
- RCGP Certificate in New Diabetes Topics – Disease Management, UK National Accreditation Panel, distance-based learning programmes, post graduate education – A certificate from the Royal College of General Practitioners – 2005
- INCLEN (International Clinical Epidemiology Network) workshop on Clinical Economics, Shanghai, China, 1986
- Diarrhea and tropical diseases research at the National Institute of Cholera and Enteric Diseases (NICED), sponsored by the World Health Organization (W.H.O.), 1986
- Workshop on Problem Based Learning, McMaster University, Canada, 1983

- Workshop on Simulated Patient in Medical Education, McMaster University, Canada, 1984
- Workshop on small group teachings skills, McMaster University, Canada, 1984
- Certificate Course in Epidemiology – Full term one year advanced training in epidemiology at the All India Institute of Hygiene and Public Health (AIHH & PH), Calcutta – 1981
- Occupational Health at the Regional Occupational Health (ROHC), Bangalore, India, 1980
- Community Medicine at the Medical College in Aurangabad, India, 1980
- Hematology at the Christian Medical College (CMC) Hospital, Vellore, India, 1978
- Use of Radio- Isotopes in Medicine at the National Institute of Nutrition (NIN), Hyderabad, India, 1978
- Clinical Immunology at the All India Institute of Medical Sciences, New Delhi, India, 1977
- Bio-Statistics at the Institute of Research in Medical Statistics (IRMS), Madras, India, 1976

#### **Present Position**

- Own Consulting Practice at Tiruvallur (near Chennai) from 1989 till date - Special interest in Internal Medicine – Cardiology, Chest Diseases, Cardio-Metabolic Risk, Geriatrics and Infectious Diseases
- Owner and Director of Dr. Sarma’s Hospital at Tiruvallur, Near Chennai, Tamilnadu, India
- Visiting Consultant at PCR Cardiometabolic Multi Specialty Center, Annanagar, Chennai, India
- Visiting Professor of Internal Medicine – PG teaching at Balaji Medical College, Chennai, India
- Visiting faculty for PG students in Cardiology at the Frontier Life Line Hospitals, Chennai, India
- Honorary National Professor of Family Medicine, Awarded Professorship of IMA-CGP 2011

#### **Previous Professional Position and Appointments**

- Worked as a medical scientist in the Indian Council of Medical Research (ICMR), the National level apex body for Medical Research, at its Tuberculosis Research Center (TRC), Chennai, India
- Senior Research Officer, Tuberculosis Research Center, Chennai, India 1981 – 1989
- Research Officer, ICMR, Tuberculosis Research Center, Chennai, India 1979 – 1981
- Responsible for the design, execution and evaluation of hospital and community based randomized clinical and field trials, prospective and retrospective studies, surveys, and evaluation of diagnostic tests in tuberculosis, leprosy and filariasis.
- Principal investigator for research in several tropical diseases and presented several research papers in national and international conferences.
- Co-investigator for the reputed short course chemotherapy clinical trials in tuberculosis and the world famous B.C.G. vaccine field trails.
- Senior Research Fellow, ICMR, Andhra Medical College, Visakhapatnam, India 1975 – 1979

#### **Additional Teaching Activities**

- Visiting Professor of Internal Medicine – PG teaching at Balaji Medical College, Chennai, India
- Visiting faculty for PG students in Cardiology at the Frontier Life Line Hospitals, Chennai, India
- Dr. Sarma’s CME Group, a forum of about 250 doctors in Chennai, is formed. Over 140 CME talks are presented to this group (chronological list appended) as part of self-motivated, effort in Continuing Medical Education in the past 10 years. These talks are very well attended and acclaimed to be among the best by the participating doctors and are available for free download at [www.drarma.in](http://www.drarma.in).
- Outstanding teaching skills coupled with constant motivation to update medical knowledge resulted in vast experience in disseminating the updated medical knowledge to practicing physicians, graduate and undergraduate students, healthcare professionals and general public.
- Hosts own tube channel – drsarmaji channel - dedicated for audio-visual presentations on various interesting topics in Internal Medicine.
- Guest Faculty Member of the Pratyusha Engineering College – Department of Biomedical Engineering during and presented several talks on medical topics related to biomedical engineering for UG engineering students - 2006 -08

- Faculty member, Advanced Centre for Clinical Epidemiological Research and Training (ACCERT) of ICMR 1985 – 1989. Designed and conducted four workshops on Clinical Epidemiology and Critical Appraisal skills in four medical colleges in the provinces of Tamilnadu and Andhra Pradesh
- Postgraduate teacher at Madras Medical College, Madras, India 1985 – 1989 under the Advanced Center for Clinical epidemiology Research and Training (ACCERT). Principal faculty to train PG students in Medicine as efficient “consumers” and “doers” of research and to guide them in their dissertation work.

### **Special Assignments Served**

- Member of the Scientific Advisory Board on Diabetic Dyslipidemia for Astra Zeneca
- Investigator for multi-center study on the efficacy and adverse effects of Azithromycin- Pfizer
- District Coordinator for Tiruvallur District, PPLSSS (Professional Insurance Scheme) of IMA, Tamilnadu
- Past President, Indian Medical Association (IMA) – Tiruvallur Branch, Tamilnadu
- Founder Secretary of IMA – Tiruvallur Branch, served for over 7 years
- Central Working Committee (CWC) life time member, IMA
- State Working Committee Member (SWC) – IMA Tamilnadu State Branch.
- ICMR Expert Committee Member for Filariasis Research
- Peer reviewer for the Indian Journal of Medical Research (IJMR)
- Recipient of the W.H.O. visiting scientist grant to pursue M.Sc., at McMaster University, Canada
- Visited National Institute of Health (NIH), Bethesda, USA on W.H.O. research grant, 1984
- Fellow of International Clinical Epidemiology Network, (InCLEN), USA
- Consultant for the Endemic Goiter Project, Andhra Medical College, Visakhapatnam, India
- Visiting Faculty, Osmania Medical college, Hyderabad and Andhra Medical college, Visakhapatnam
- Faculty member for the Regional Filariasis Research and Training Center of NICD, Rajahmundry
- Appointed for the staff selection and training committee, Tuberculosis Research Center, ICMR

### **Mega Scientific Programmes Conducted**

#### **Planning, organizing and execution of Mega Educational events and being the Chief Faculty**

- Workshop on Osteoarthritis under the OATH (Osteo Arthritis-Treatment in Harmony) an academic initiative supported by Johnson and Johnson Medicals – September 2011
- Workshop on Acute Coronary Syndromes and Management – October 2010
- State level work shop on H1N1 for doctors from all over Tamilnadu at Trichy, November 2009
- Full day MEGA CME – Six common medical topics – at Chennai, September 2009
- Seminar on Heart Failure at Chennai – Two sessions of 4 hours each – January 2009
- Symposium on Cardio-Metabolic Risk Assessment and Risk Reduction – July and August 2008
- ECG workshop for practitioners at Madras Medical Mission, Chennai – November, 2004

### **Papers presented in conferences**

- “A comparative study of 20 and 60 µl of blood for Microfilaraemia detection – use of a linear model” at the VI International Clinical Epidemiology Network (InCLEN) conference, Pattaya, Thailand, Jan 1988
- “Community effectiveness and impact on Tuberculosis Infection of short course treatment as compared to NTP treatment – A research design” at the VI International Clinical Epidemiology Network (InCLEN) conference, Pattaya, Thailand, January 1988
- “The Inter – Physician agreement in detecting Clinical Filarial manifestation” at the IV International Clinical Epidemiology Network (InCLEN) conference, Shanghai, China, April 1986
- “A Quantitative approach to clinical filarial disease – A Mathematical Design” at the IV International Clinical Epidemiology Network (InCLEN) conference, Shanghai, China, April 1986
- “Filariasis – Relation between exposure and HLA – A Case Control Study” CDD/TDR Workshop on Epidemiological methods for Research in Diarrheal and Tropical Diseases, sponsored by W.H.O., Calcutta, India, February 1986

- “Community based intervention trial with DEC using different strategies against Lymphatic Filariasis in two endemic regions – a research design” at the CDD/TDR Workshop on Epidemiological methods for Research in Diarrheal and Tropical Diseases, sponsored by W.H.O., Calcutta, India, February 1986
- “Logarithmic index of bacilli as an evaluative measure in leprosy” at the Regional Scientific Meeting of the International Epidemiological Association, Jhansi, India, February 1986
- “The effect of DEC as filaricide”, at the III International Clinical Epidemiology Network (InCLEN) conference, Manila, Philippines, January 1985
- “The epidemiology of Lymphatic Filariasis”, at the Indo – UK workshop on Lymphatic Filariasis, Pondicherry, India, November 1984
- A book review “ Visual display of Quantitative Information authored by Edward R. Tufte, Graphics Press, Cheshire, Connecticut, USA” 1984
- “Efficacy of periodic deworming in improving the nutritional status of Indian children – a randomized controlled trial, a research design” in December 1983
- “A study of morbidity pattern in tribal areas of Visakhapatnam district”, a study conducted as part of epidemiology training course, June 1981
- “Chronic airways obstruction – effect of salbutamol inhalation – pulmonary function testing”, Association of Physicians of India (API), Midterm conference, Visakhapatnam, India , July 1977
- “Medical Examination Systems” paper at a seminar on Medical Pedagogy, Visakhapatnam, India 1977

#### **Professional presentations in Conferences and Meetings**

- Presented a paper on “Diabetes Risk Prediction Models – A Critical Appraisal” at the 40<sup>th</sup> Conference of RSSDI 2012, October 26 – 28<sup>th</sup>, 2012
- Presented a paper on “Diagnostic Perplexity of GDM” in the IMSACON 12, Gulf Medical University, Ajman, UAE – October 6 -7<sup>th</sup>, 2012
- Presented a paper on “Algorithm for the Diagnosis of Polyuria” in the IMSACON 12, Gulf Medical University, Ajman, UAE – October 6<sup>th</sup> and 7<sup>th</sup>, 2012
- Invited Faculty at the Bangalore Society of Obstetrics and Gynecology (BSOG), PG Forum, Bangalore. Participated as a Chair Person and delivered a talk on “Insulins in Pregnancy” July 2012
- Invited Faculty at the Indian Diabetic Research Foundation (iDRF), Chennai and delivered a talk on “Diabetic Hypertension – Targeted Treatment”, May 2012
- PCR Cardio-metabolic forum - inaugural meet – spoke on the topic “HbA1c as diagnostic tool” Chennai, February 2012
- Invited faculty at the 6<sup>th</sup> International Conference on Sexology held at Chennai and presented a paper on “Erectile Dysfunction as a marker of Cardiovascular Ill health”, February 2012
- Invited faculty at the Rural Medical Education Programme organized by International Medical Sciences Academy (IMSA) at Villpuram and presented two guest lectures on Dengue Fever and Chikungunya Fever, February 2010
- Faculty member and organized a state level workshop on H1N1 at Trichy, TN, November 2009
- Invited faculty to conduct district level training on H1N1 for PHC doctors at Chittor, AP, Oct 2009
- Invited faculty for the Madras Diabetic Research Foundation, Royapuram, Chennai and conducted a session on “Diabetic Dyslipidemia” for a group of doctors from Southeast Asia, November 2008.
- Chairperson for a session on “Diabetes and Cardiometabolic Diseases” at the Diabetes Update Conference held at Bangkok, Thailand, August 2008
- Presented a paper on “Diabetic Hypertension- Current Concepts” in the above conference 2008.
- Chairperson for a “Seminar on Stem Cell Therapy” organized by the department of Biomedical engineering at the Pratyusha Engineering College near Chennai, 2007
- “Oral hypoglycemic agents in the management of Diabetes” as an invited speaker at the IMA meeting, GAMPPA branch, Chennai, May 2007

- Dr. Dhulipala Koteswara Rao Endowment Oration on “Current Management Concepts of Bronchial Asthma and PFT” an invited Oration at the Association of Physicians of India (API) Conference, March 2006 at Guntur
- “A Quiz on Coronary Artery Disease in Indians – CADI”, as guest faculty at the Association of Physicians of India (API) Conference, March 2006 at Guntur
- “Endothelial Dysfunction” a paper presented and adjudged as the best free paper at TAMCON, 2006
- Invited faculty for the workshop on “Prime MD Today – Evaluation of Mental Disorders” organized by the Pfizer Limited, 2006
- “Regulation of Glucose Balance” Guest Speaker at the MEDICON, December 2005
- “Endemic Fluorosis” Guest Speaker at the MEDICON, December 2005
- “Pulmonary Function Tests in Clinical Practice” - Invited guest lecture at the IMA Kodambakkam Branch, Chennai, on 30<sup>th</sup> Oct 2005
- “ECG for practitioners” as guest speaker at the IMA Meeting in Tiruvattiyur, June 2005
- “Drug Treatment of Hypertension” as guest speaker at the IMA meeting, South Chennai, Dec 2004
- “Fluorosis and Thyroid” Invited Speaker at the National Fluorosis Control workshop at Chennai, November, 2004
- “Cardiovascular Health” as guest speaker for Hitech Carbon staff, Gummidipoondi, October 2004
- “Lipid Abnormalities – management” as a guest speaker at the 78<sup>th</sup> All India Medical Conference – MEDICON 2003 & Academia, Guntur, December 2003
- “Hyper and hypothyroid disease – evaluation” – as an invited speaker - A presentation at the SIMACON, 2003 at Salem, September 2003
- Guest Faculty in the CME programme organized by the Directorate of Medical & Rural Health Services, Tamilnadu, August 2000
- Guest Faculty in the CME programme on Emergency Management Services conducted by Directorate of Medical & Rural Health Services, Tamilnadu, June 1999
- Guest Faculty in the CME programme for Doctors, Nurse and Pharmacists conducted by Directorate of Medical & Rural Health Services, Tamilnadu, March 1999
- Guest Faculty in the CME programme on Medico Legal Aspects conducted by Directorate of Medical & Rural Health Services, Tamilnadu, June 1998
- Guest S Faculty in the CME programme for Govt. Service Doctors conducted by Directorate of Medical & Rural Health Services, Tamilnadu, January 1998
- Invited Faculty at the “Quality STD Care” organized by VHS, AIDS Prevention and Control Project, October 1997
- Faculty Member in the Workshop on Clinical Epidemiology conducted at the Institute of Child Health, Egmore, Chennai, under the auspices of the Advanced Center For Clinical Epidemiology Research and Training (ACCERT), April, 1988
- Faculty Member in the Workshop on Clinical Epidemiology conducted at the Osmania Medical College, Hyderabad, under the auspices of University of Health Sciences, A.P., August, 1987
- Faculty Member in the Workshop on Clinical Epidemiology conducted at the Madras Medical College, Chennai, under the auspices of the Advanced Center For Clinical Epidemiology Research and Training (ACCERT), July, 1987
- Several community educative programmes on Hypertension, Diabetes, Dyslipidemia, Heart attacks.

#### **Conferences participated as delegate**

- Internal Medicine at the Fore Front – A conference organized by the Cardio Vascular Society of India, at Pune, India, 30<sup>th</sup> Nov – 2<sup>nd</sup> December, 2012
- CAD -Coronary Artery Disease and Diabetes – An international Conference organized by the Cardio Vascular Society of India, at Mumbai, India, 12-14<sup>th</sup> October 2012
- STEMI India and Advanced Cardiology Therapeutics (ACT) 3 day conference at Chennai – July 2012

- GE CON – A symposium on gastroenterology update at Chennai – June 2012
- Annual Summit 2012 – Diabetes Association of India (Southern Chapter) – May 2012
- 2D Echocardiography Workshop with hands on training at Chennai – May 2012
- National Summit on Incretins – Under auspices of World Diabetic Forum – Chennai, April 2012
- IMPACT – An International Conference on Pulmonary Medicine for Chest Physicians and Pulmonologists held at Singapore, 23<sup>rd</sup>-24<sup>th</sup> March 2012
- Fellowship Admission Ceremony at the Royal College of Physicians and Surgeons, Glasgow, United Kingdom, November 2011
- CAD -Coronary Artery Disease and Diabetes – An international Conference organized by the Cardio Vascular Society of India, at Mumbai, India, 14-16<sup>th</sup> October 2011
- “FOCUS 2011 – A Forum on Cardiology & Diabetes Update organized by American Diabetic Association and Cleveland Clinic, USA at Hyderabad, AP, India, on 5-6<sup>th</sup> March 2011
- “Synergies in Healing” – an International Conference focusing on the utilization of Yoga as a healing tool in Medicine – conducted by Krishnamachari Yoga Mandram (KYM) at Chennai, July 2010
- “Transforming Asthma Management – From Science to Practice” held at Kolkata, February 2010
- Second International Symposium on Diabetes 2007 organized by the Joslin Diabetes Center
- “Management of HIV and AIDS” December 2000 by the TN AIDS Control Society
- “Syndromic Management of STD, at Chennai by the TN AIDS Control Society, July 1999
- World Congress on Family Medicine at Chennai, October 1999
- All India patient awareness & education programme on hypertension, World Hypertension Day, 2008
- IMA VELCON’96 - Tamilnadu 50<sup>th</sup> Annual State Conference at Vellore 1996
- On invitation, visited the W.H.O. headquarters at Geneva, Tropical disease Research (TDR) programme, September 1984
- X Scientific Meeting of the International Epidemiological Association (IEA), Vancouver, Canada, September, 1984
- “Rural Health Development in East Africa” African Medical Research Foundation (AMREF) Symposium, Toronto, Canada, May 1984
- Silver Jubilee Symposium – Chemotherapy & Management of Tuberculosis, Madras, December 1981
- III International Congress of the World Federation of Public Health Association, Calcutta, Feb.1981
- Tamilnadu State Tuberculosis Conference, Madras, September 1979
- Advances in Internal Medicine, International Conference, Bombay, January 1978

#### **Dissertations and Thesis**

- Pulmonary Function testing – before and after inhaled salbutamol – a hospital based intervention study – part of the requirement for M.D in internal Medicine – 1978
- A cross sectional study on morbidity in tribal areas of Visakhapatnam district – with focus on endemic goiter – part of the requirement for the certificate course in epidemiology – 1981
- A randomized controlled trail on the effectiveness of Mebendazole in comparison to DEC (Diethyl carbamazine citrate) – A community based study – Design Thesis - part of the requirement for M.Sc in medical research – 1984

#### **Hospital Experience**

- Chief Physician and Managing Director, Dr. Sarma’s Hospital, Tiruvallur, India, from 1989 till date
- Extensive clinical experience in the field of cardio-metabolic and infectious diseases with special emphasis on treatment, risk modification and prevention. Highly successful in consulting practice.
- Manages a small own private hospital catering to patients of cardiac, respiratory, general medical, geriatric problems and infectious diseases.
- Reputed for excellent clinical skills, tact, temperament, and pleasing bed-side manners

- Served as a physician and cardiologist for the Life Insurance Corporation (LIC), a major insurance company, India.
- Experienced in running a full-fledged retail medical stores business for the past 20 years

### **Honors and Awards**

- Distinguished Service Award on Doctor's Day given by Delhi Medical Association, July 2006
- IMA Meritorious Services Best Doctor Award at Chennai 2003
- Recipient of W.H.O. fellowship in 1983 for pursuing Master's Degree in Clinical Epidemiology
- Qualified as "Talent Search Scholar" (one among the 18 selected) of ICMR (Indian Council of Medical Research), New Delhi, based on a nationwide competitive examination in 1975, taken by over 1,000 first class graduate physicians.
- Winner of several academic prizes and gold medals based on competitive examinations in MBBS
- TCF silver Jubilee Commemoration Gold Medal for the year 1974 for being the Best Outgoing Graduate (based on highest number of aggregate marks throughout MBBS)
- Vemuri Sivaji Rao Memorial Gold Medal in Medicine for the year 1973-74 in Internal Medicine
- Vidyavathi Devi Gold Medal in Obstetrics and Gynecology for the year 1973-74
- Silver Jubilee Celebration Committee prize in Medicine for the year 1974
- Sajja Chandramouli Prize in Clinical Neurology for the best clinical skills in Neurology in 1973- 74
- Silver Jubilee celebration Committee Gold Medal in community Medicine for the year 1972-73
- First prize in essay writing competition on Hypertension on the World Hypertension Day, 1971
- Best certificate of merit in Biological Sciences during first MBBS-1969
- State rank holder in the state level higher secondary school final examination taken by half a million students and recipient of the National Merit Scholarship, Andhra Pradesh, India

### **Affiliations**

- Indian Medical Association (IMA) Life Member – TN/2476/113/22/44173/95-96/L
- IMA-Tamilnadu Private Hospitals & Nursing Home Board – NHB JM 977/2000-01
- Professional Protection Linked Social Security Scheme (PPSSS) of IMA – 108/903/98-99
- Life Member Nursing Home Board (NHB) – IMA Tamilnadu State branch – NHB No JM 977
- Life Member – Association of Physicians of India (API) – L 13060
- Life Member Indian Diabetic Association – Southern Chapter
- Co-founder of PCR cardio-Metabolic Forum for senior consultants in Chennai
- Co-founder and Vice President of "Friends On Same Wave Length (FOSWL), Chennai Chapter

### **Community Activities**

- Visits 'Sevalaya' near Tiruvallur – a free old age home for the poor and renders free medical service
- Service minded and helps a few orphanages and old age homes by financial help
- Contributes to health education by publishing health related articles in lay press and periodicals
- Conducted rural community health camps in collaboration with other voluntary agencies
- Organized a free Mega Cardio-Metabolic Camp in the villages near Tiruvallur in June 2011 in collaboration with the KM Cherian Herat foundation and the 'AID India' programme.
- Worked on Tribal Morbidity and Endemic Goiter in the Tribal Areas of Visakhapatnam, AP, India
- Educating the primary care physicians in practical aspects is his approach to improving primary care.

### **Bibliography**

- "Prevalence survey of filariasis in two villages of Chengleput district of Tamilnadu", Sarma R.V.S.N.et al, Indian Journal Medical Research, vol. 85, May1987, pp 522 – 530
- "Use of mebendazole in combination with DEC in Bancroftian Filariasis", Sarma R.V.S.N.et al, Indian Journal Medical Research, vol. 87, June 1988, pp 579 – 583

- Lowrie, D.B., Shuk Han Cheng, Raji Swamy, Narayanan, P.R., Sarma, R.V.S.N., Walker K.B., Aber, V.R. and Mitchison, D.A. BCG vaccination in South India does not enhance antimycobacterial activity in peripheral blood monocytes - direct contrast with results in Britain. J Med Microbiol 28 (1989) XI.

**Personal**

- Special interest in updating knowledge and skills and in disseminating them
- Has special appetite for religious and philosophical literature and poetry
- Has proficiency in Sanskrit and Telugu literature poetry and philosophical literature
- Translated several famous Sanskrit and Telugu scriptures in to simple English
- These are made available as PowerPoint presentations on his website
- Regularly presents philosophical talks in various forums in Chennai