

**Prof. Dr. Sarma VSN RACHAKONDA, M.D., M.Sc., (Canada), FIMSA, FCGP, FICP, FRCP (Glasgow), FCCP (USA)**  
Senior Consultant Physician, Cardiometabolic & Chest Specialist, Adjunct Professor, Tamilnadu Dr. MGR Medical University

---

- **Adjunct Professor**, The Tamilnadu Dr. MGR Medical University, Chennai – 2012
- **FICP** – Fellow of the Indian College of Physicians – 2012
- **FCCP (USA)** – Fellow of the American College of Chest Physicians – 2012
- **FRCP (Glasgow, U.K)** – Fellow of the Royal College of Physicians and Surgeons, Glasgow - UK – 2011
- **PCR Cardio metabolic forum** – Co-founder of a forum of specialists – bimonthly meets at Chennai – 2011
- **Master's Course on Hypertension** certificate from the European Society of Hypertension (ESH) – 2011
- **FCGP** – Fellow of the College of General Practitioners(CGP) of Indian Medical Association (IMA) – 2011
- **National Professor** of Family Medicine, College of General Practitioners (CGP) – 2011
- **Visiting Professor** of Medicine, Sri Balaji Medical College, Chennai. Teaches PGs in Medicine
- **Visiting faculty**, Frontier Life Line (Dr. KM Cherian Heart Foundation) - Teaches PGs in Cardiology
- **Dr. Sarma's CME Club** – comprising over 250 doctors – regular monthly CMEs meets for Chennai doctors
- **About 140 CME** talks presented – are available for free – hosted on the website [www.drarma.in](http://www.drarma.in) & YouTube
- **Mega CMEs and Workshops** – Organizer and Core Faculty – almost every year from 2006 onwards
- **FIMSA** – Fellow of the International Medical Sciences Academy – 2010
- Best Doctor award of Delhi Medical Association –New Delhi -2007
- 'Dhulipala Memorial Oration' at Guntur Medical College, Guntur on 26<sup>th</sup> March 2006
- **RCGP** – Certificate in Diabetes from Royal College of General Practitioners – 2005
- Meritorious Doctor award of IMA -Tiruvallur -2003
- Consulting Practice at Tiruvallur (near Chennai) from 1989 till date - Special interest in Internal Medicine – Cardiology, Chest Diseases, Infectious Diseases, Cardio Metabolic Risk, Teaching PG & UG students
- Teaching experience in Medical Research Methodology in MMC 1984 –89 as faculty of the ACCERT
- Visiting Scientist – under WHO & INCLEN grants to Medical College in Pattaya, Bangkok 1987, Shanghai Medical College, China 1986, Philippines, Manila 1985, WHO, Geneva 1984, NIH Bethesda, USA, 1984
- **M.Sc (Medical Research)** – Master's Degree from McMaster University, Hamilton, Canada - 1984
- **WHO Visiting Scientist** grant for higher study based on competitive selection – 1983-84
- Special 1 year training in Epidemiology & Tropical Medicine from AIIH&PH, Calcutta – 1981
- Experience as a Senior Medical Scientist, TB Research Centre, ICMR, Chennai 1979-89
- **M.D (Internal Medicine)** – Andhra Medical College, Visakhapatnam, AP, India – 1978
- Special training in Immunology, Hematology, Occupational Health, Bio-Statistics, Radio Isotopes
- **ICMR Talent Scholar** Award based on a National competitive examination - 1975
- **MBBS – 'Best Outgoing Graduate Medal'** in MBBS - Andhra Medical College – 1974
- Awarded several **Gold Medals and Prizes** in various subjects during MBBS career – 1969-74
- National Merit Scholarship for being among the top 20 students in the Higher Secondary Board – 1968
- Presented over 30 research papers in various International and National conferences (see detailed CV)
- Participated in many national and international conferences (see detailed CV)
- Core Faculty for four workshops on Medical Research in Medical collages of A.P. and Tamilnadu
- Project Leader on Endemic Goiter, Tribal areas of A.P – a detailed project report to AMC and ITDA
- Founder Secretary of IMA Tiruvallur, Ex-President of IMA TRL and PPLSSS District coordinator
- Vice President, FOSWL India (Chennai) Annanagar chapter, a forum for Friends On Same Wave Length
- Life Member of many professional bodies like IMA, API, Diabetes Association, Thyroid Society etc.,
- Highly motivated to keep updated and learn new developments and has keen interest in teaching
- Completed several online CPD and CME activities on interesting topics in Internal Medicine
- Firm believer of the approach that teaching and sharing knowledge is the best way for self-development
- Has proficiency in Sanskrit and Telugu literature, poetry and philosophical literature
- Translated several famous Sanskrit and Telugu scriptures in to simple English
- These are made available as PowerPoint presentations on his website
- Regularly presents philosophical talks in various forums in Chennai